

GEORGIA MARTIAL ARTS & SELF DEFENSE

KIDS SCHEDULE

SMALL SAMURAI (AGES 3-5)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO	5:00PM	4:00PM	3:30PM	4:00PM	NO	10:00AM
CLASS			5:00PM		CLASS	10:30AM

AIKI JUJUTSU (AGES 6-12)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO	4:30PM	4:30PM	4:30PM	4:30PM	NO	11:00AM
CLASS	5:30PM	5:30PM	5:30PM	5:30PM	CLASS	12:00PM (STRIKING)

BRAZILIAN JIU-JITSU (AGES 6-12)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO CLASS	4:30PM	4:30PM	4:30PM	5:30PM	NO CLASS	9:00AM (COMPETITION ONLY)
	5:30PM	5:30PM	5:30PM (TEENS CLASS AGES 11-17)			10:00AM (NO GI)

